



# Early intervention strategies

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**[www.lea-test.fi](http://www.lea-test.fi)**

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# Usual findings

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- Convergences, weak or lost
- Difficulties in eye contact and
- Early interaction

# Birth trauma, 3<sup>rd</sup> nerve palsy > ptosis



Deformation of head  
after suction cup



# Exotropia – Miosis

lesions in 3rd nerve and Ehdinger-Westphal nucleus

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Ptosis resolved after 2 weeks.  
Loss of convergence, accommodation  
and sluggish pupil reactions.

After strabismus operation the child looks normal but is severely visually impaired.





# Symptoms of impaired vision at the age of 8 months

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- outward squint operated, convergence still poor
- brought objects close to the eyes =  
**geometric magnification**
- looked at the hair line, not at the eyes =  
**central scotoma**
- explored carefully with hands and mouth
- recognised people at 18 months of age (voice?)
- moved freely and seemed to know where he is

Dg: Spasticity in all four limbs, especially hands, severely impaired vision, forms and colours.

Vision was assessed with Teller Cards only > "Normal".

# Eye contact

## and copying facial expressions

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Possible at birth  
Should be present at 6 weeks of age  
Latest at 8th weeks of age



# Communication — at 8 weeks

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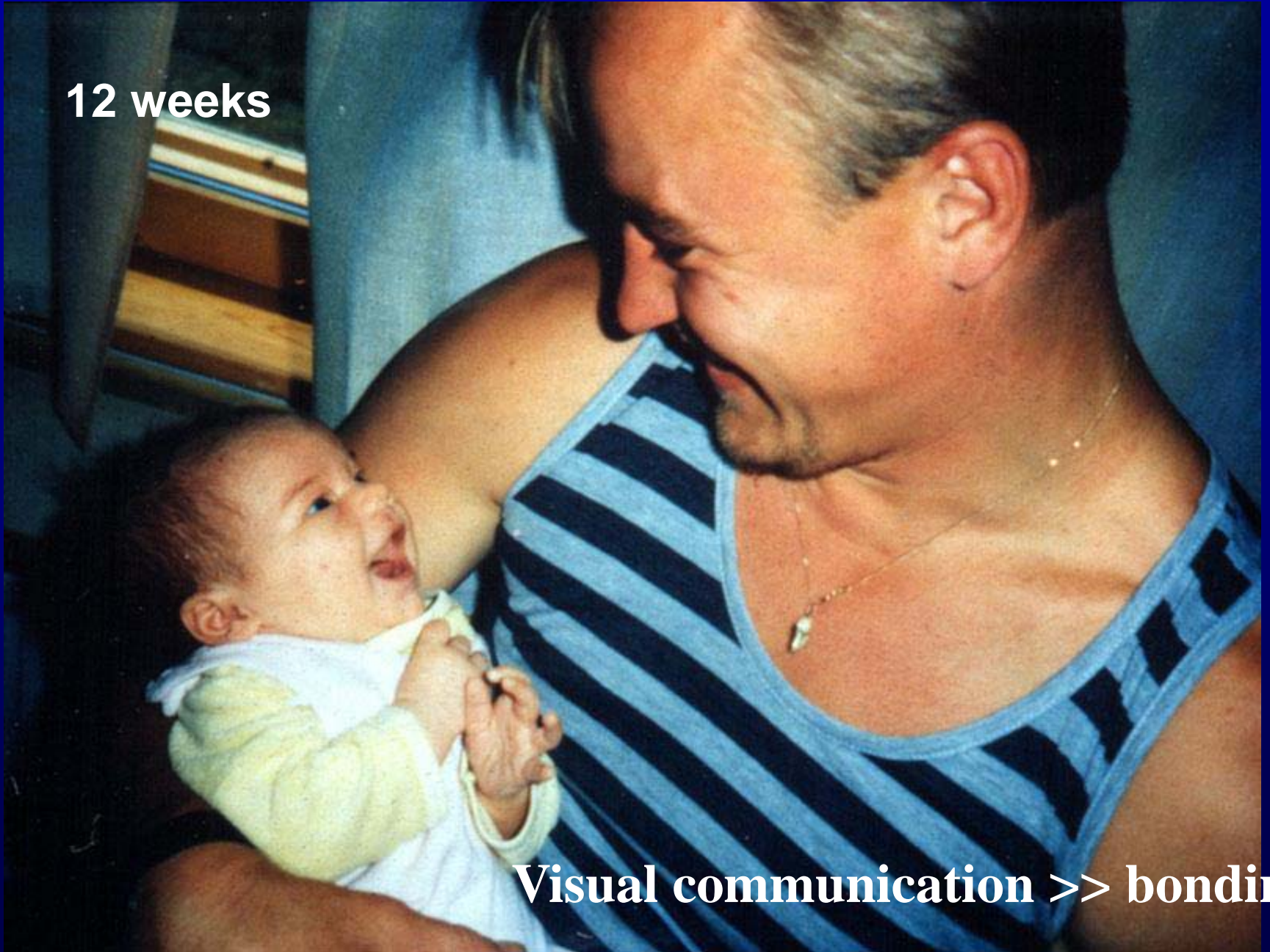
Communication with both parents  
Using both vision and vocalizing,  
taking turns is important already at  
this age.





12 weeks

Visual communication >> bonding





# Accommodation

can be weak in otherwise normal looking infants

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- 4 month old infant
- Dg: Infantile autism?
- "Avoids eye contact"



# Strabismus >> Penalisation+bifocal

near correction for the right eye = distance penalisation

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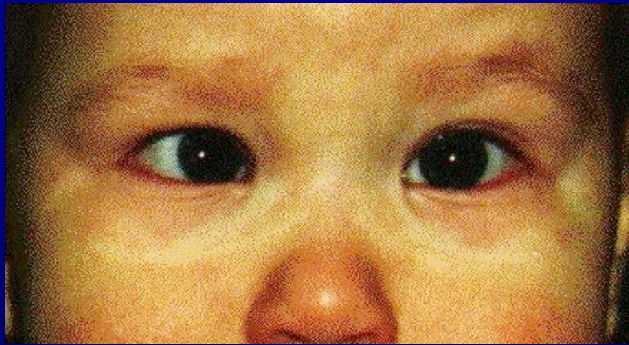
Late development of accommodation may lead to esotropia at the time when the infant starts to accommodate. Spectacle corrections often supports development of binocularity.



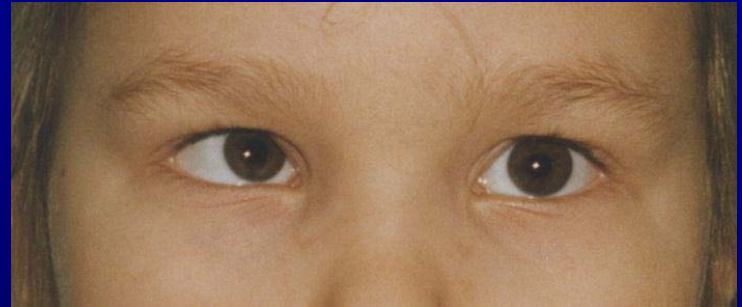
# Penalisation+bifocal

Amblyopia did not develop, binocular vision

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During the first year



In school age



# Infants at risk

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Whenever there is a deviation from normal interaction /  
communication  
infant's visual and auditory functions  
need to be carefully assessed.

**Eye contact, Eye movements, strabismus**

Infants with motor problems, Syndromes

Health care nurses, therapists, paediatricians, ophthalmologists

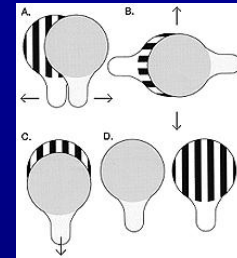
# Clinical examination

gives the foundation for the assessment of visual functioning

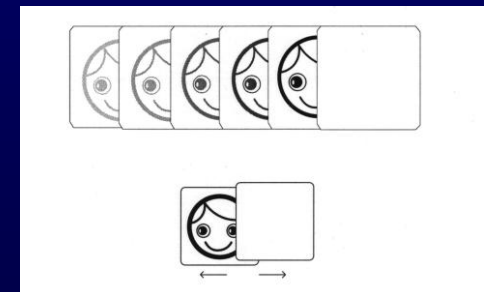


Fixation to penlight, to picture, following, saccades, accommodation, convergence, visual communication, refraction, spectacles

Photo: Miguel G. Alvares, MD Brazil



Detection of gratings



Hiding Heidi test

# Fixation sticks

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Fanz' picture of smiling face (5 cm diameter) is fixated and followed at 3 months of age.



# Teller Acuity Cards

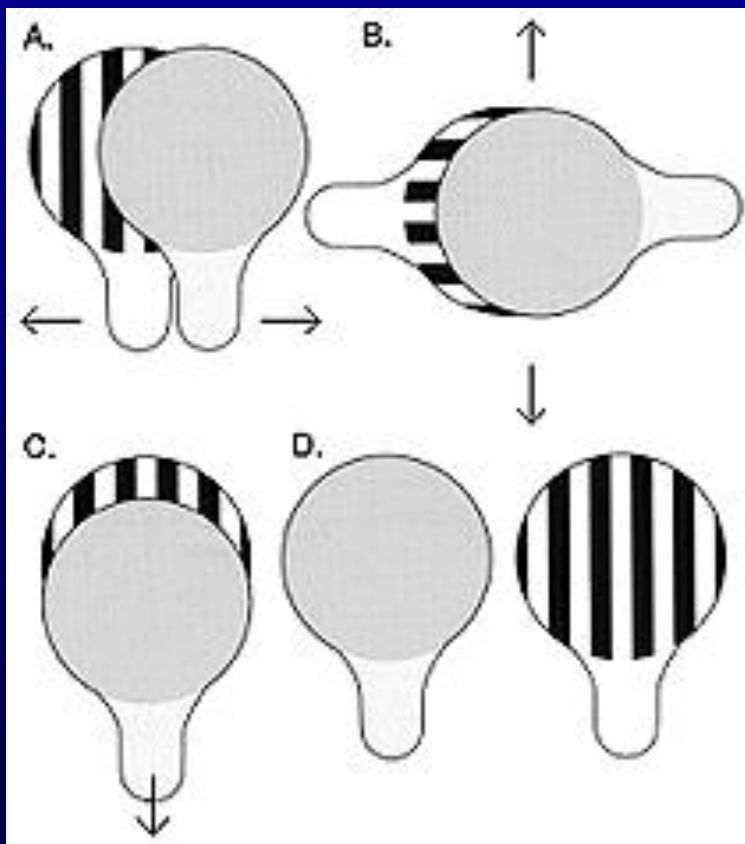
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# LEA GRATINGS

symmetric presentation

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# Contrast sensitivity

## Hiding Heidi test

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If the infant responds with a social smile, he must have seen the picture of smiling face, at low contrast and moving – like the facial expressions on the face.





# Figure-in-motion, Pepi-test

possible often at the age of 4 months

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Near correction  
Head support



Can be copied @  
[www.lea-test.fi](http://www.lea-test.fi)

# PVL

## Delayed motor functions

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Combined effect of visual and motor disorder delays the development of an infant in all functional areas.

# Constricted visual field

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Illuminated ball used by child's own therapist.



# Fixation

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Brief fixation on the middle  
size picture of face



# Accommodation with dynamic retinoscopy

difficult to measure when the infant does not look at

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Mother's face and voice used as the target during dynamic retinoscopy.



# Eye contact

when reading lenses give a clear image on the retina

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# Reaction during assessment of her brother

noises and body language to shows disapproval

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# Vision in motor training

ten weeks later: improved visual and motor functions

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RE: GrA less than in LE > training  
as a part of physiotherapy

# Impaired vision affects

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development of following areas of functioning:

- communication
- interaction
- motor development
- spatial concepts
- orientation in space
- object permanence
- language

Delay in any developmental area needs to be investigated.



# Support for poor visual information

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## Baby Tadoma technique

Early interaction uses  
smell, body contact, voice, Tadoma  
facial expressions, eye contact

**Vision for communication**



# Vision loss affects

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development of following areas of functioning:

- communication
- interaction
- motor development
- spatial concepts
- orientation in space
- object permanence
- language

# Fragile baby

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Gentle activation of a baby with hydrocephalus.  
Notice the joy during the play therapy.  
Comfortable support of posture on the knees of  
the play therapist (not in a baby sitter).



# Low tonus and poor head control

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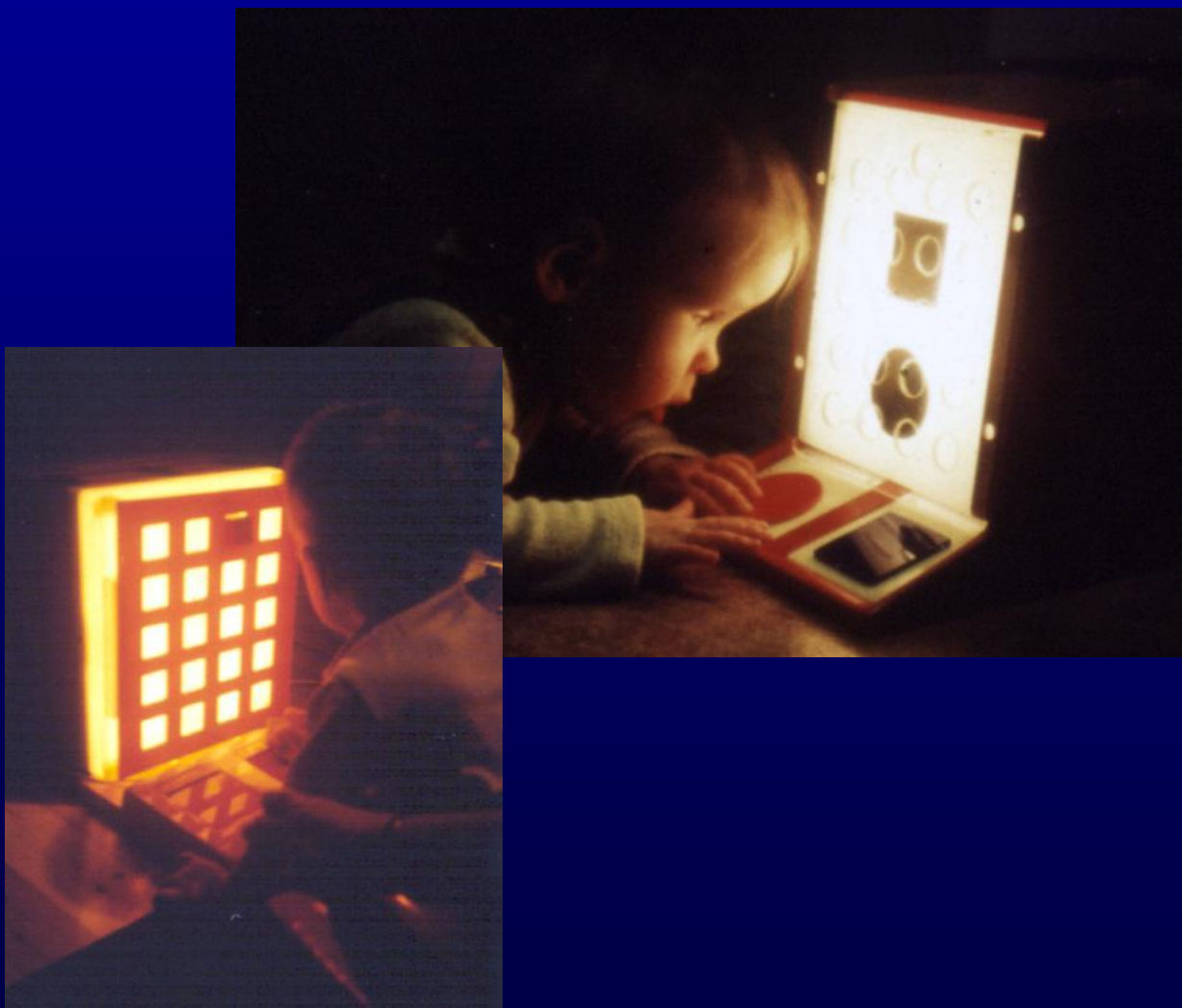
Strong visual stimulus, LEA doll and illuminated picture of face activate control of motor functions.

# Head control

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Holding the infant

- on the shoulder
- across the thigh
- on small wedge
- Vertical lightbox



# Playmat and resonance board

orientation in space, listening skills

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Light coloured surfaces rough, dark surfaces smooth> vision and touch coincide.

Plywood board on 2 inch frame functions as a drum and makes the infant aware of his movements. Echos from the washing basin and the waste basket train listening. Orientation in space supported.



# “Little room”

made of a brown paper box

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Vision, touch, echos,  
measuring space with his own body.





# I moved!

I moved again, the same thing happened!

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Start stimulation without delay, coordination of vision and movement.

# Siblings and grandparents training

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# Early Intervention

## requires

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Early detection of the disorder

Early treatment of treatable conditions

Assessment of Functioning

Early intervention starts

as soon as a visual impairment is detected

as an integral part of examinations and treatment,

at 0-3 years of age or later, if the damage occurs later.



# Early intervention strategies

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**Slides will be @ [www.lea-test.fi](http://www.lea-test.fi)**