





Development of Vision from Infancy to Early Adolescence

Lea Hyvärinen, MD, PhD, FAAP
Professor h.c., Rehabilitation Sciences, University of Dortmund
Senior Lecturer, Developmental Neuropsychology, Univ. of Helsinki
www.lea-test.fi



Transdisciplinary approach in rehabilitation and integration



The goal of the continued education in visual functioning.

How can we together learn more about functioning of visually impaired children?



Transdisciplinary approach in rehabilitation and integration



The goal of the continued education in visual functioning.



How can we together learn more about functioning of visually impaired children?



Transdisciplinary approach in rehabilitation and integration



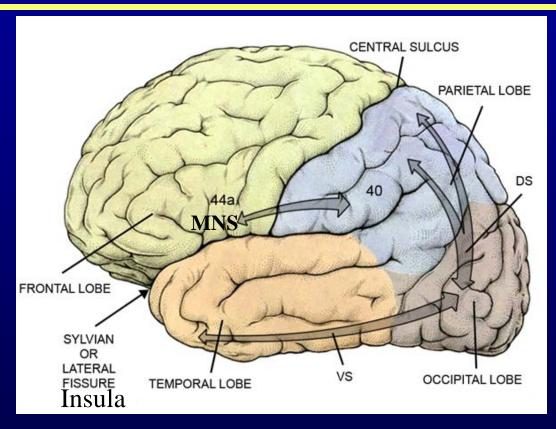
The goal of the continued education in visual functioning.





How can we together learn more about functioning of visually impaired children?

Processing of visual information

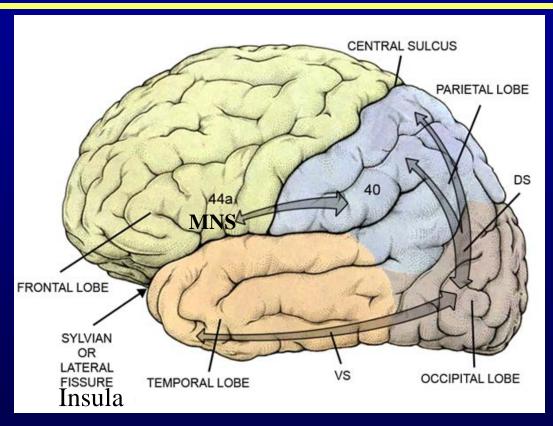


Early processing in the occipital lobe:



Ventral stream
Dorsal stream
Mirror neuron system

Processing of visual information

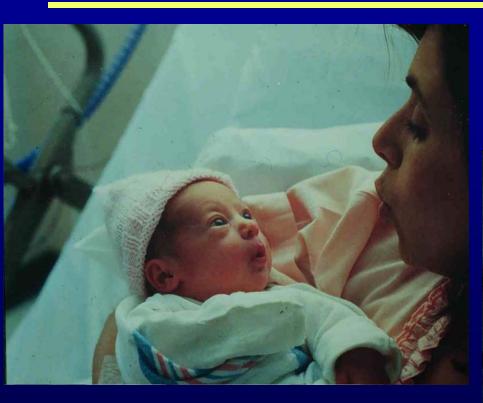


Early processing in the occipital lobe:



Ventral stream
Dorsal stream
Mirror neuron system

Visual communication



Eye contact, copying of expressions At 6 weeks, 8 weeks at the latest

Social smile, active interaction at the age of 12 weeks.



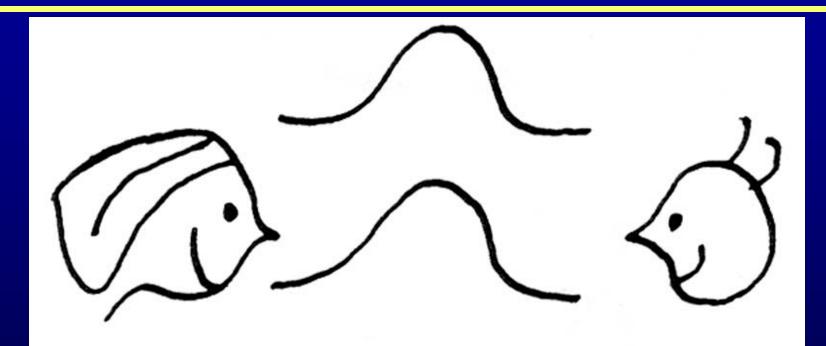
Communication – at 8 weeks





Early Interaction

Anne Nafstad & Inger Rødbroe



Emotional and motoric attunement

When an infant is functionally blind



Congenital glaucoma
Cloudy corneas
F lat anterior chambers

"Developmental emergency"
Patricia Sonksen

After corneal transplant

- Born blind
- clear cornea from
- 5th weeks of age
- intensive activation
- awareness of vision
- interdisciplinary early intervention



After corneal transplant

- Born blind
- clear cornea from 5th
- to 15 weeks of age
- early intervention
- normal milestones in motor development
- effective use of vision
- some form vision and
- colour perception



At 2 years

- born blind
- clear cornea from 5th to 15 weeks of age
- early intervention
- healthy childNormal motordevelopment



Fragile baby







Eye contact and social smile

are important to the baby and the parents

4-month-old baby refuses visual communication



Insufficient accommodation? Mirror neuron system?



Accommodation

eye contact and social smile



Weak accommodation can be compensated with "reading glasses."

Penalisation+bifocal



Late development of accommodation may lead to esotropia.

Penalisation+bifocal

Amblyopia did not develop, binocularity remained









In school age

Clinical examination

gives the foundation for the assessment of visual functioning



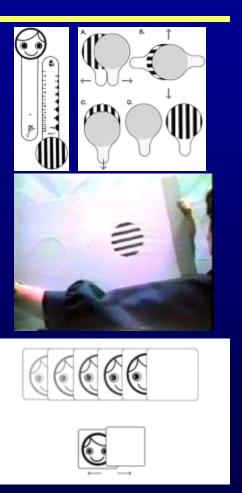
orthoptists, therapists, nurses, optometrists, technicians, parents, teachers OBSERVATIONS

19

Clinical examination

gives the foundation for the assessment of visual functioning





Hiding Heidi test²⁰

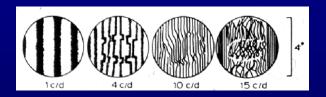
Photo: Miguel G. Alvares, MD Brazil

Grating Acuity & Heidi Face

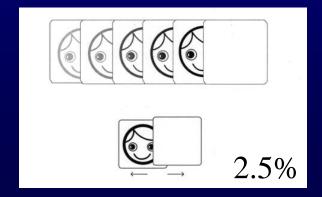
as detection acuity & communcation distance



Preferential looking



Detection tests



Hiding Heidi

low contrast pictures for assessment of communication distance



Facial expressions are fast moving low contrast shadows.

Figure-in-motion, Pepi-test



Near correction
Head support





Can be copied @ www.lea-test.fi

Vision in motor development

Head control



Foto: Patricia Sonksen

Low tonus and poor head control



Strong visual stimulus activates motor control





Periventricular leukomalasia Delayed motor functions



Constricted visual field



Large illuminated ball used by child's own therapist.

Assessment >> Early Intervention



Awareness of hands

Fixation

- 1. Normal hand
- 2. Spastic hand

Accommodation

difficult to measure when the infant does not look at a target



Near correction is always worth trying.



Eye contact

when reading lenses give a clear image on the retina



Visually active infant

ten weeks later: improved visual and motor functions



RE: GrA less than in LE >> training as a part of physiotherapy



Infants at risk



Accommodation in hypotonic infants is often very weak.



Compensating accommodation



Watching simple pictures

two years later



High myopia fully corrected

The child is happy to have +4 near correction.



Near vision is vision for learning.

Spectale corrections should be for the functionally important distances.

Decisions

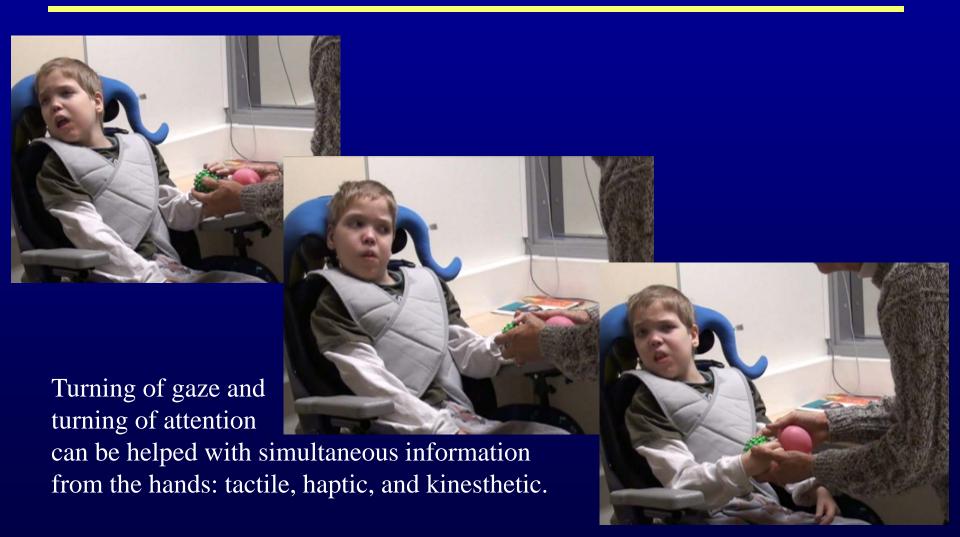
can be followed by observing infant's fixations



Fixation in the communication with a 5-month old infant:what is the preferred object?



Object in hand helps fixation

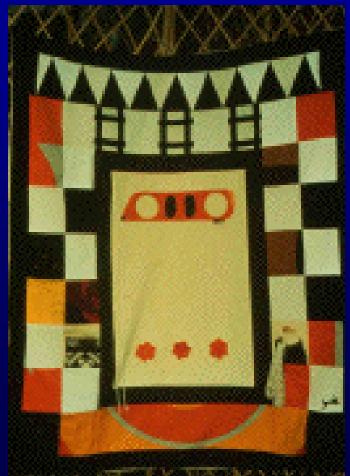


Perception of space "visual cliff"





Playmat orientation in space



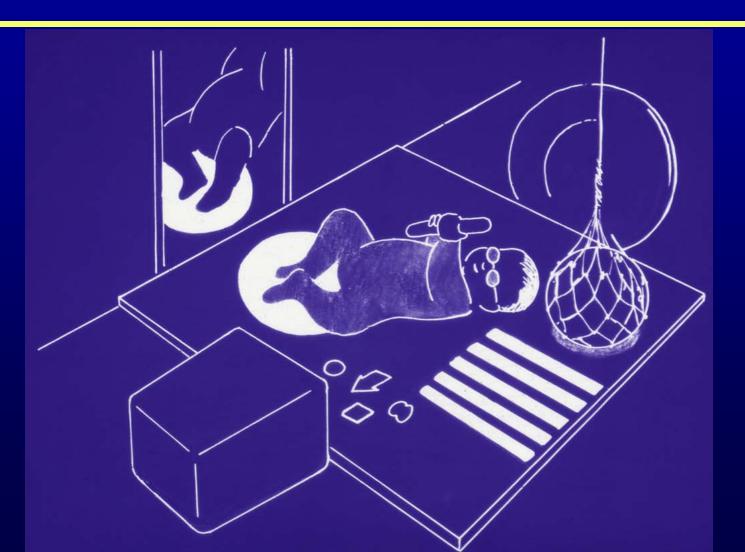
Light coloured surfaces rough, dark surfaces smooth vision and touch coinside.

Structured play situation

Finnish version (needs to be modified for other countries)



Structured play situation



Siblings and grandparents training





"Little room"

made of a brown paper box



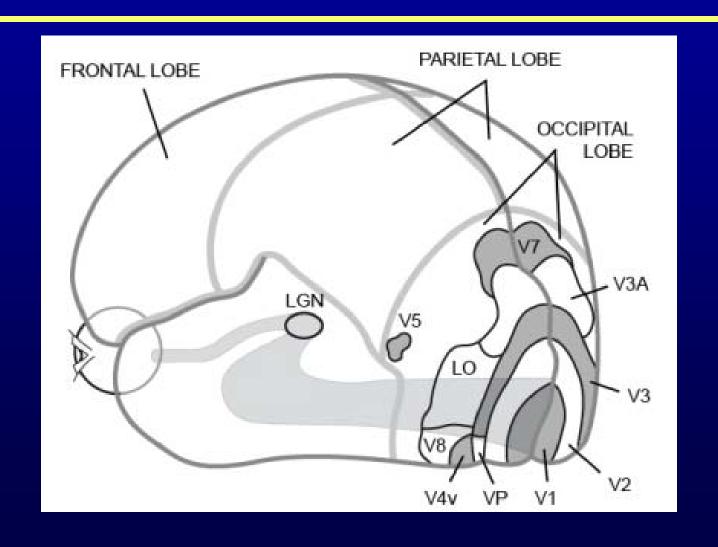
Vision, touch, echos, measuring space with his own body.



Tea break

Pathways

Retinocalcarine pathway



Changes in the information

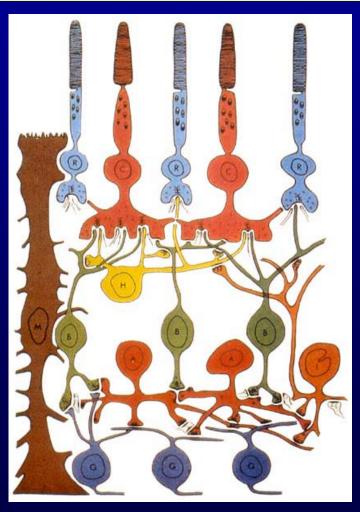
that can occur in the eye

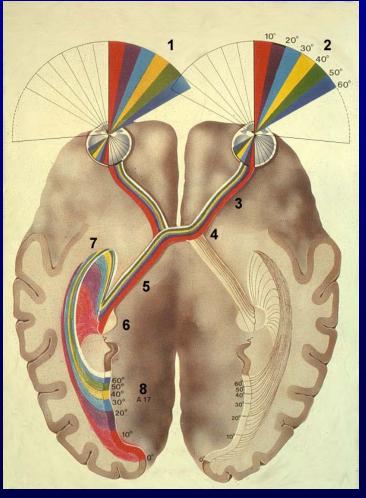


Cornea
Lens
Vitreous
Retina
Optic nerve

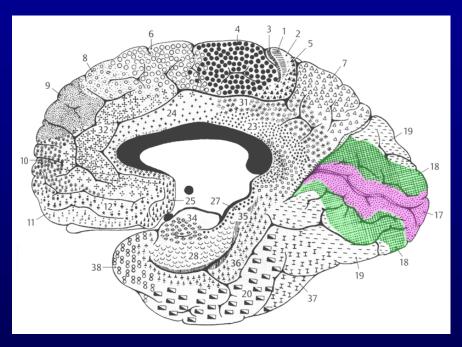
Use of 3D eye to explain the structures that have been affected and how that changes the quality of information that flows into the brain for processing.

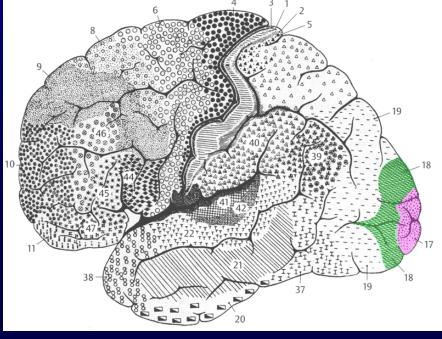
Visual Pathways



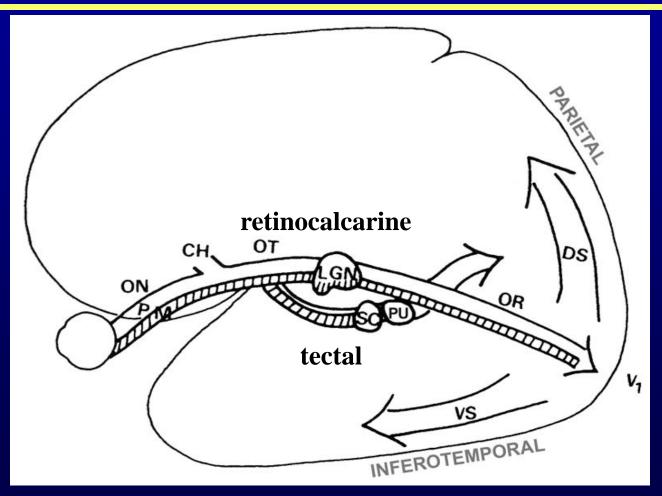


Primary and secundary visual cortex





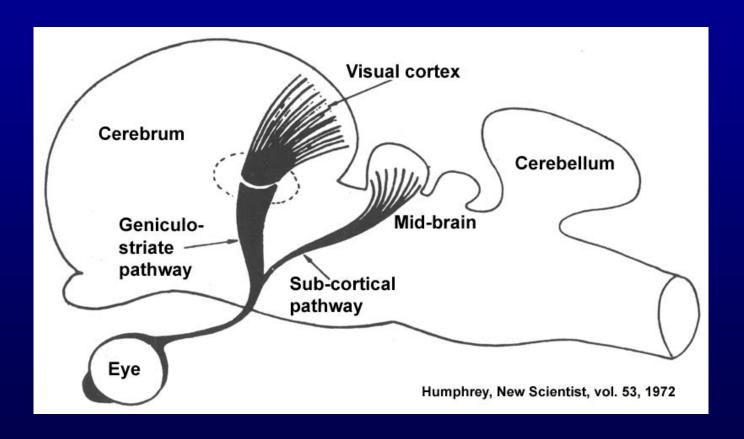
Retinocalcarine and tectal pathway



LGN= Lateral Geniculate Nucleus; SC= Superior Colliculus; PU= Pulvinar

Tectal pathway

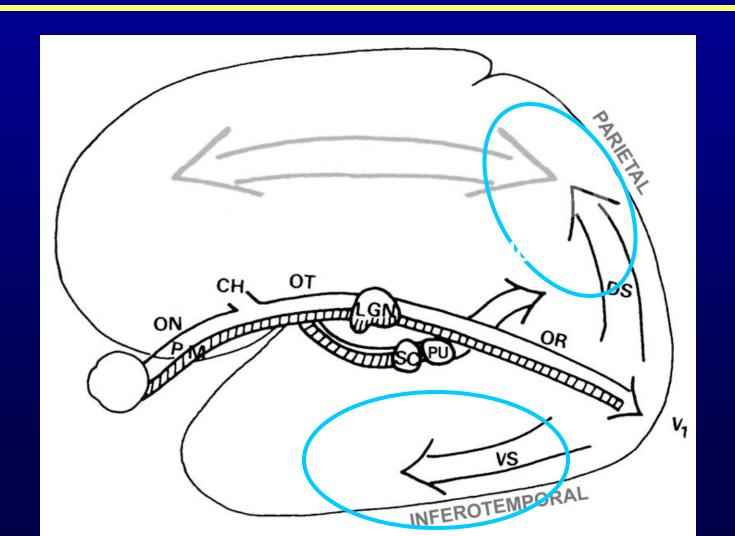
often forgotten in the clinical assessment



Humphrey NK. Vision in a monkey without striate cortex, a case study. Perception 1974 3(3):241-255. New Scientist vol 53, 1972.

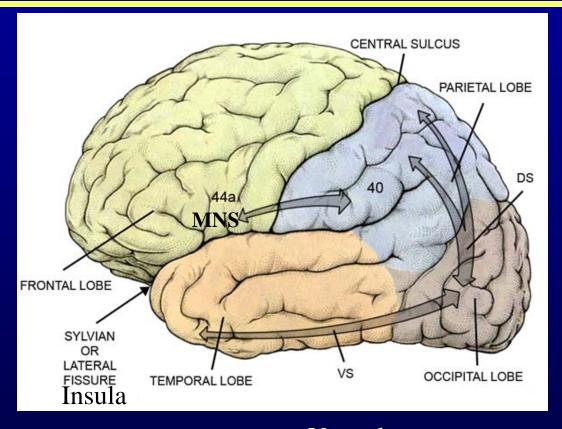
Ventral & dorsal stream

inferotemporal & parietal stream



Processing of visual information

two-way networks of visual processing



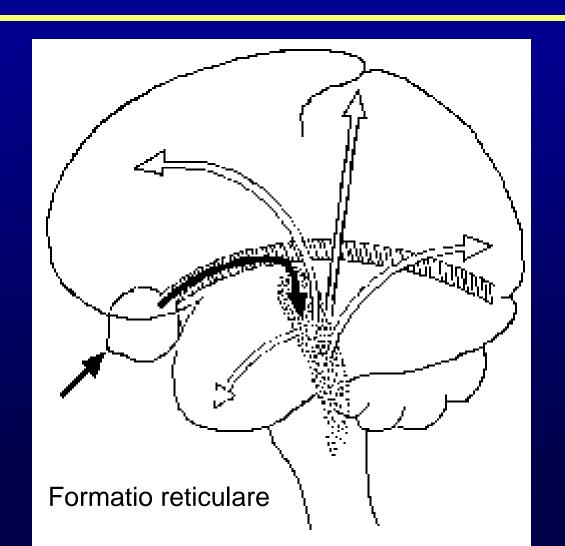
Early processing in the occipital lobe:

Ventral stream

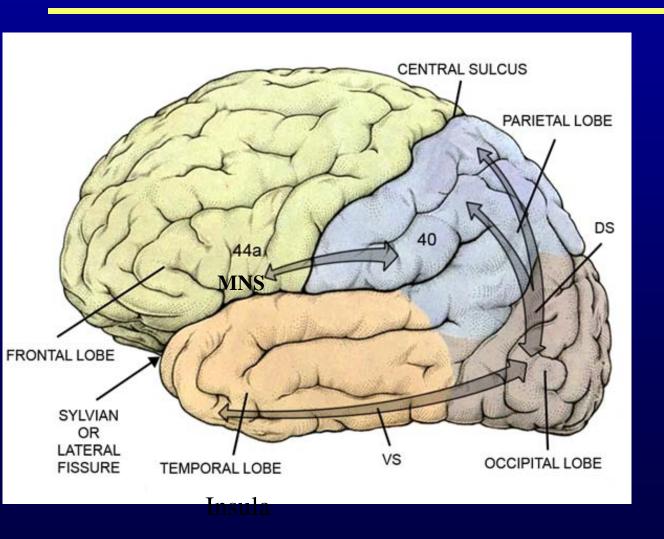
Dorsal stream

Mirror neuron system

Arousal- Wakefulness



Early processing in occipital lobe Ventral and dorsal stream/network

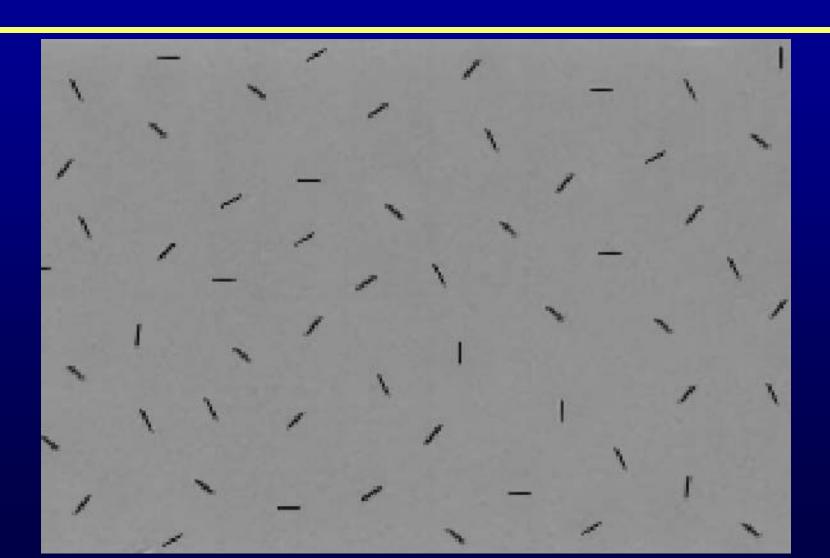


Early processing:
Colours
Contrast edges
Movement/ motion

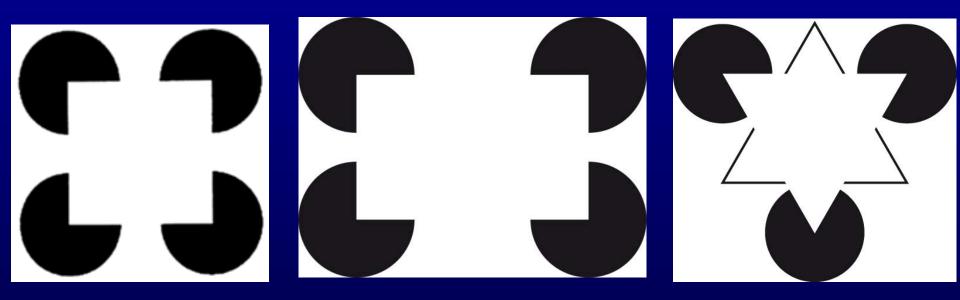
Line directions & length
Stereovision
Object/ background
Figure/ ground
Visual closure, filling-in
Visual illusions

Figure-in-motion

Visual closure, filling-in



Visual illusions



Binocularity tests - fusion



Worth 4-dot test

Stereovision



Lang test





9 months

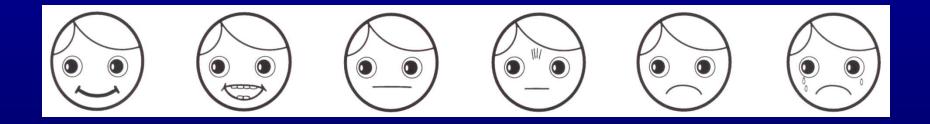
Rectangles – Mailbox Heidi Expressions- Colorama



26.2.2000; 3years 8 (corr. 5) months



Vision for communication



- Real life situations, drawing/making pictures
- Photographs, colour and B&W
- Videos, tactile exploration, magnifying mirror
- Intervener in communication situations

Training facial expressions



Drawing with the child



Magnifying mirror



Visuotactile pictures

Matching and recognition of pictures





Recognition of faces

Re-cognition:

- facial features are seen well enough
- a template is formed in memory
- the face is seen again
- template is found and matched
- the name of the person is remembered
- in normal development infants recognise faces at the age of 6-8 months, latest at 10 months

Discussion

Lunch break

Early Identification Vision Screening

Assessment of Visual Functioning

1. OCULOMOTOR FUNCTIONS

2. QUALITY OF VISUAL INFORMATION CLINICAL TESTS

3. OBSERSERVATIONS
ON
VISUAL PROCESSING FUNCTIONS

Clinical examination

Foundation for Assessment of Visual Functioning

completed with

Tests and observations at School/KG/Early Intervention

Children with other Functional Problems

Clinical examination

gives the foundation for the assessment of visual functioning



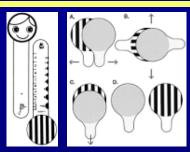
orthoptists, therapists, nurses, optometrists, technicians, parents, teachers OBSERVATIONS

77

Clinical examination

gives the foundation for the assessment of visual functioning







LEA GRATINGS Teller test





Photo: Miguel G. Alvares, MD Brazil

Hiding Heidi test

Pepi-test

Hospitals'/ophthalmologists' role

in early intervention and vision rehabilitation

- Early referral to ophthalmologists
- Immediate referral to early intervention
 - need of information and support is greatest on communication, interaction, future, motor development, social skills
- Early diagnosis
- Information to the EI and rehab teams
- Never say "Nothing can be done."
- Remember visual ergonomics
 spectacles, optical and nonoptical devices

Impaired Vision

in infants and children, risk groups

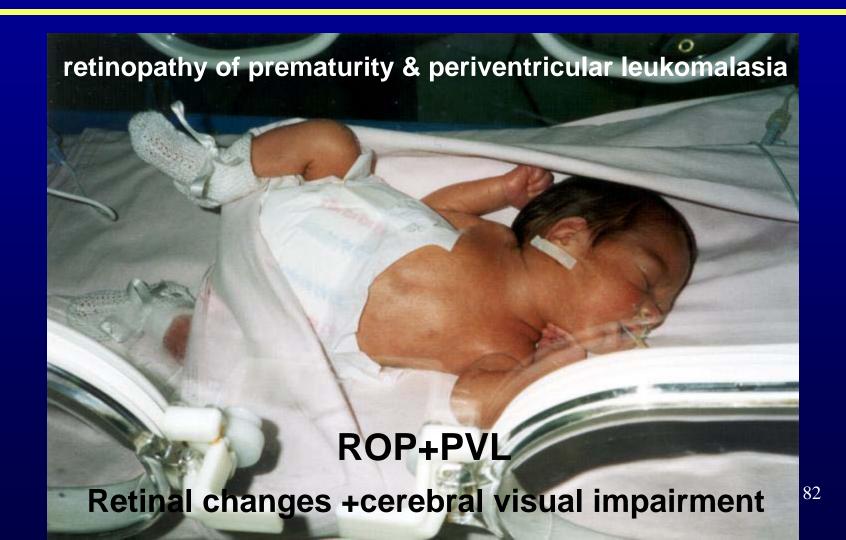
- 60-70 % of VI children have multidisability
- intellectual disability, Down syndrome:refraction, accommodation
- motor impairment, CP, strabismus, accommodation, NVI/CVI
- hearing impairment, cortical peripheral (Usher Syndrome)
- prematurely born infants, twins, difficult birth
- chronic illness
- 20% of VI children have "CVI", problems in processing of visual information due to brain damage

Vision loss affects

development of following areas of functioning:

- communication
- interaction
- motor development
- spatial concepts
- orientation in space
- object permanence
- language

Prematurely born infants



ROP

Retinopathy of prematurity



After laser treatment 83

Birth trauma, 3rd nerve palsy> ptosis right sided hemiplegic condition



Exotropia – Slow miosis

3rd nerve and Ehdinger-Westphal nucleus





After operation looks normal, but is severely impaired.

Symptoms of impaired vision

- exotropia, outward squint operated
- brought objects close to the eyes =
 geometric magnification
- looked at the hair line, not at the eyes =
 central scotoma
- explored carefully with hands and mouth
- recognised people first at 18 months of age
- moved freely and knew his way at home.

Cognitive vision tests

- Hiding Heidi for communication
- LEA-Mailbox
- LEA-Rectangles
- Face pictures
- Heidi Expressions
- LEA Puzzle
- Crowding effekt
- Pepi-test, Johansson's Walking Man
- Reading tests
- OBSERVATIONS

















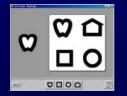


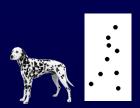












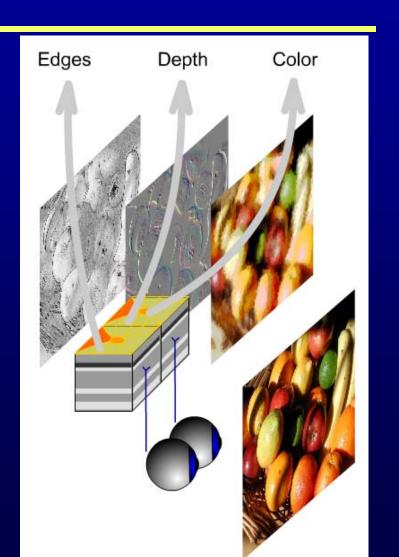




Primary visual cortex, V1

Decoding – encoding:

- contrast edges
- lines, length, direction
- binocular fusion > stereo depth
- movement, also directly to V5
- "filling-in" of scotomas
- hyperacuity



Looking for contrast edges



Mailbox Game



Mailbox Game – Orientation of lines

in eye-hand coordination





Directions as purely visual task

Ventral stream function

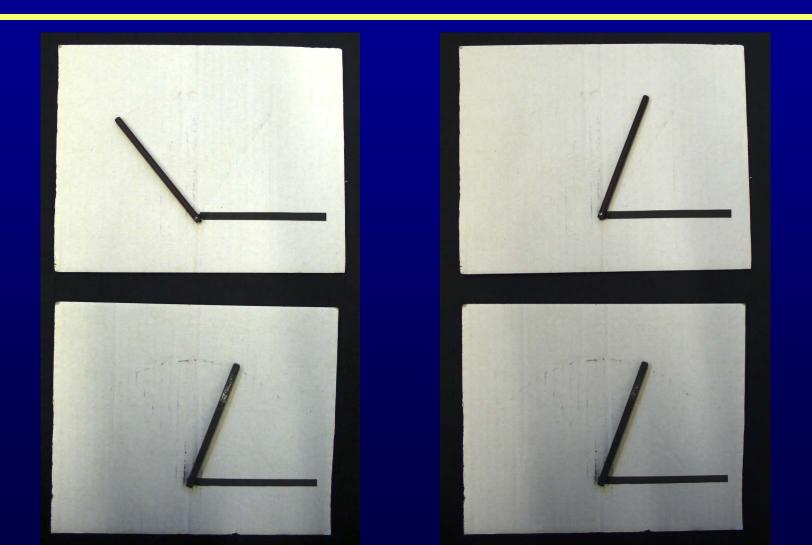
One rod is fixed, the other can be rotated until parallel







Angles



Eye-hand coordination

in assessment of awareness of directions



Stereovision



Children with severely impaired vision may have normal visual acuity and stereovision. VA does NOT depict disability.



Object-background, figure.ground





Other functions of visual cortex

Auditory space
Haptic space
Tactile information, Braille
Working memory

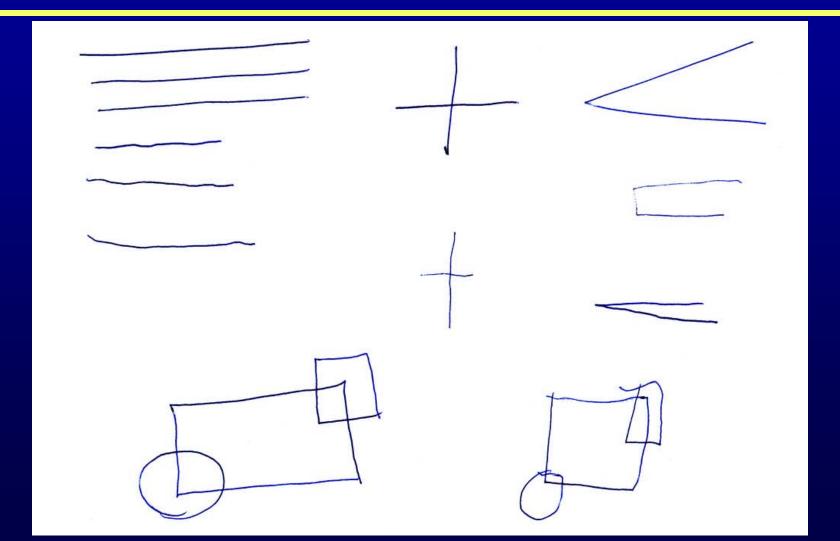
Transcranial Magnetic Stimulation



Transcranial Magnetic Stimulation

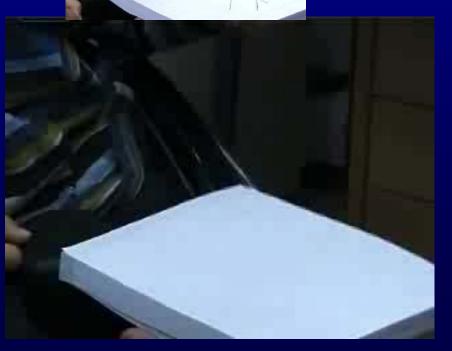
Copying

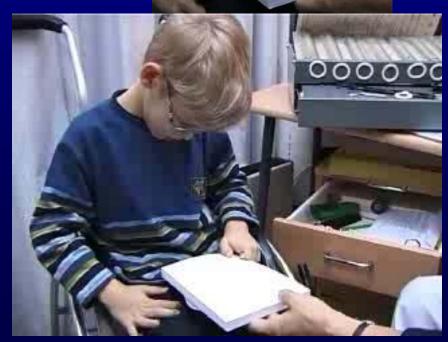
parietal, eye-hand-coordination task



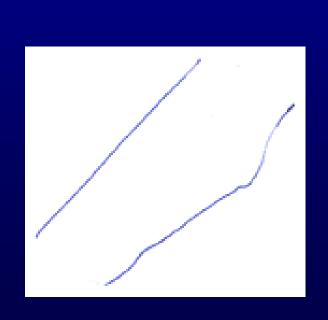
Copying angle & cross

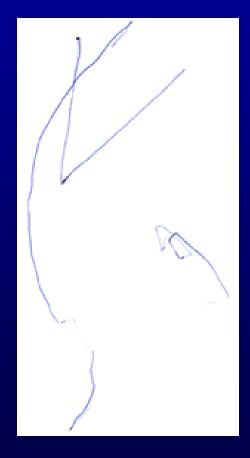


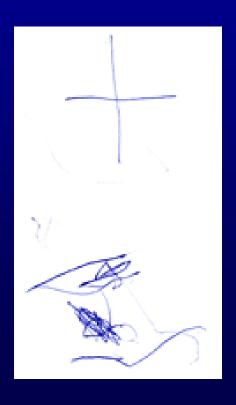




Parallel lines, angle, and cross







Picture perception



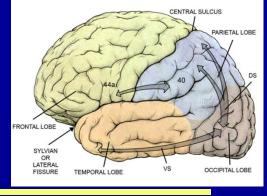
Composing picture of its parts



Communication pictures figure-ground problems

Ventral Stream

Inferotemporal Networks



Details in pictures, Noticing errors and missing details Perception of textures and surface qualities

Recognition of familiar and unfamiliar faces Facial expressions, Body language

Landmarks, Concrete objects, Pictures of concrete objects

Abstract pictures of objects of different categories

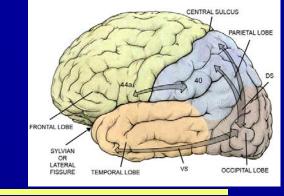
Abstract forms (letters, numbers), Sequencing Reading words and lines of texts, Optimal reading strategy

Comparison with pictures in memory, 'Reading' series of pictures

Visual problems in copying pictures from blackboard and/or at near

Crowding effect, Scanning lines of text

Dorsal Stream Parietal Networks



Awareness of surrounding space, directions and distances in space

Body awareness

Perception of near and far space

Orientation in space, map based, Memorising routes

Motion perception, Depth perception, Simultaneous perception

Eye-hand coordination, Grasping and throwing objects

Drawing, free hand, visual imagination

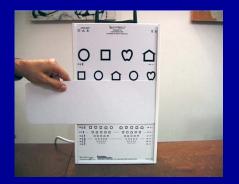
Copying from near/ from blackboard, motor planning and execution

Mathematics, Visual attention

Tea break









Vision Screening in Health Care Centres

Lea Hyvärinen, MD, PhD, FAAP
Professor h.c., Rehabilitation Sciences, University of Dortmund
Senior Lecturer, Developmental Neuropsychology, Univ. of Helsinki

www.lea-test.fi

Terveystarkastukset lastenneuvolassa & kouluterveydenhuollossa



New Fnnish Instruction Manual for follow-up and screening of functions and Functioning 2011

Recommended follow-up

in Finland 2011

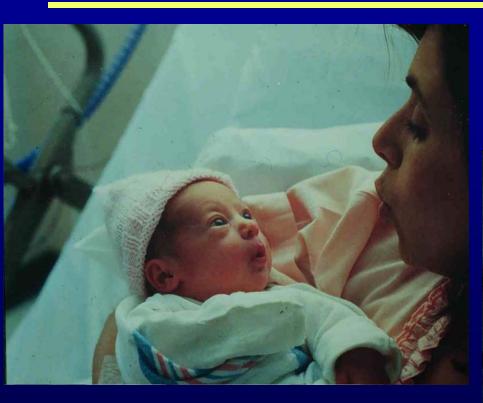
- Birth: structure of the eyes, red reflex, strabismus
- 6th 8th weeks: good eye contact
- 3rd 4th month: active visual communication, hands found
- - baby follows hand movements of children and adults
- - fixation, following movements, convergence
- 7th- 8th months: pincer grasp, face recognition, Hirschberg
- 18 months: face recognition, Hirschberg, cover test (H+c)
- 3rd year: (H+c), near vision acuity
- 4th year: (H+c), near and far vision acuity
- 5th year: if visual perceptual problems >> ophthalmologist
- 7th year: visual acuity as a part of general health, first grade in Finland
- 7th grade, visual acuity and colour vision

Recommended assessments

in Finland 2011

- Following functions should be assessed in all infants stressed in the new recommendations:
- eye contact and social smile
- observation of hand functions and copying them
- face recognition of family members

Visual communication



Eye contact, copying of expressions At 6 weeks, 8 weeks at the latest Social smile, active interaction at the age of 12 weeks.



Accommodation

eye contact and social smile



Weak accommodation can be compensated with "reading glasses."



Infants at risk

- Infants with delays/difficulties in communcation
- All hypotonic infants: brain damage, Down
- All infants with *Down syndrome*, refraction
- Premature infants
- Infants with *strabismus*
- All deaf and hard of hearing infants
- All infants with syndrome based risk of VI
- Spectacle correction without delay
- Support for development of binocularity

Infants at risk

- Infants with delays/difficulties in communcation
- All hypotonic infants: brain damage, Down
- All infants with Down syndrome, refraction
- Infants with strabismus
- All deaf and hard of hearing infants
- All infants with syndrome based risk of vision loss

Paediatricians, Paediatric neurologists, Audiologists
Paediatric genetisists, Psychologists, Therapists,
Parents





Early Intervention should start EARLY It should start during the assessment.



For Early Intervention



Observations at the age of 4 months

- Problems in early interaction are usually no more present if nothing was found in the assessment of vision and hearing and the family situation is stable.
- Eyes are symmetric and their structure is normal.

 Large eyes glaukooma?
- Red reflex
- Fixation and convergence
- Following movements
- Hirschberg test
- Strabismus, also if reported by parents is sometimes not present during the visit to the health care centre.

Strabismus – spectacles

good fitting, not too small



When spectacle frames are large enough, looking over is not possible.

Observations at the age of 8 months

eequal to obsrvations at the aage f 4 months +

- If the family has early intervention because of difficulties in interaction, is the situation developing positively.
- Eyes are symmetric and their structure is normal.

Large eyes - glaukooma?

- Red reflex
- Fixation and convergence
- Following movements
- Hirschberg test
- Strabismus, also if reported by parents is sometimes not present during the visit to the health care centre.
- The infant recognises parents' faces before they talk.
- Tear pathway problems.

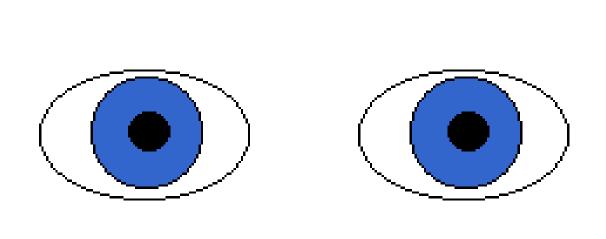
Cover test

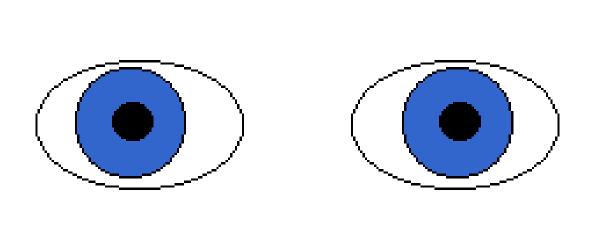


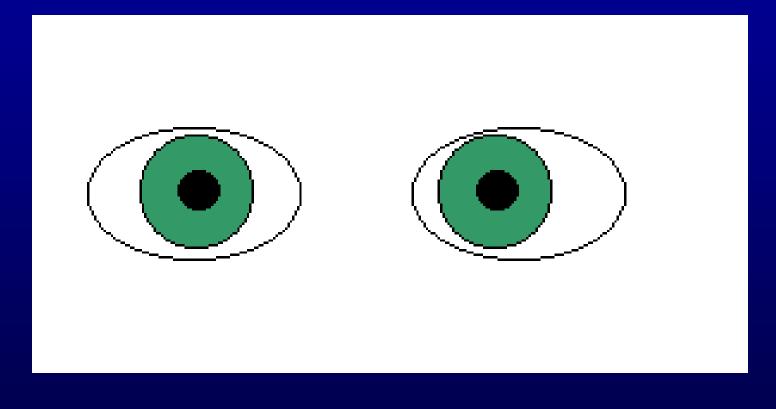
Small accommodative fixation target should be at the level of he child's eyes and the child fixates at a small detail. Ask for example "Does giraff's tail move?" at the moment when you place the cover on the other eye.

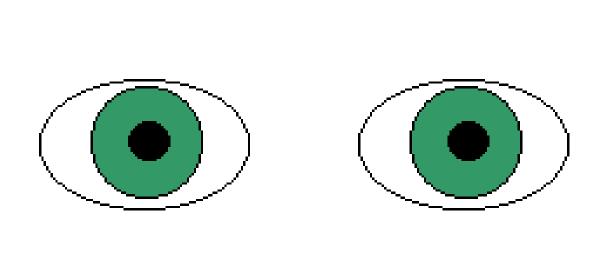
Training of direct cover test

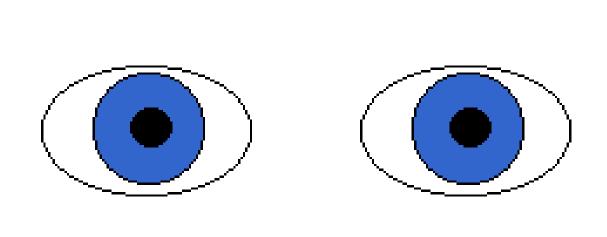
- Following slides show findings during cover test. Observe:
- 1. What happens to the eye that is NOT covered
 - a.- if it does not move = no strabismus in that eye
 - b. if it moves toward midline from the inner corner = constant esotropia; when the cover is removed, the eye moves back to the corner and the covered eye moves to the middle
 - if it moves toward midline from the outer corner = constant exotropia.











Observations at the age of 18 months

- As at he age of 8 months +
- If an eye that has been in normal position, has started to squint, remember the rare possibility of retinoblastooma and refer withi 'out delay.
- <u>Direct</u> cover test

At the age of 3, 4 and 5 years

- 3 years: Hirschberg + cover test, visual acuity with near card
- 4 years: Hitschberg + covertest, VA near an distance
- 5 years: if problems in visual perception >> ophthalmologist and neurologist before therapies

Near vision test at 40 cm

binokular measurement first



Near vision test at 40 cm

binokular measurement without pointing

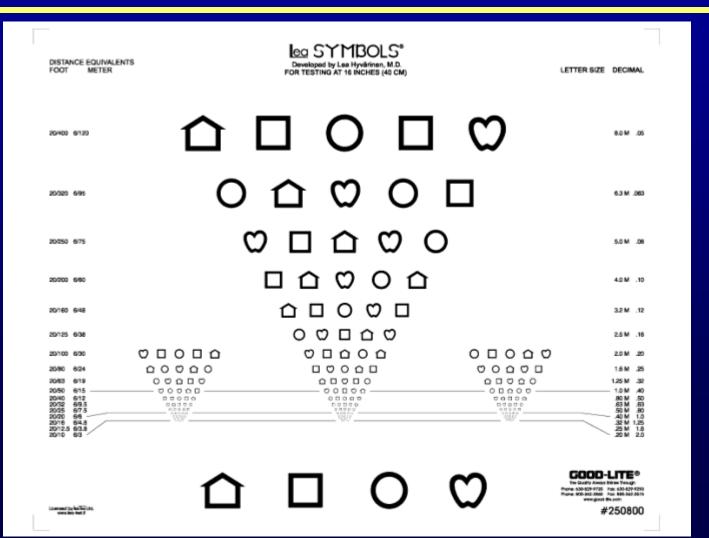


Near vision test

monocular measurement



Near vision test



50% & 25% spacing

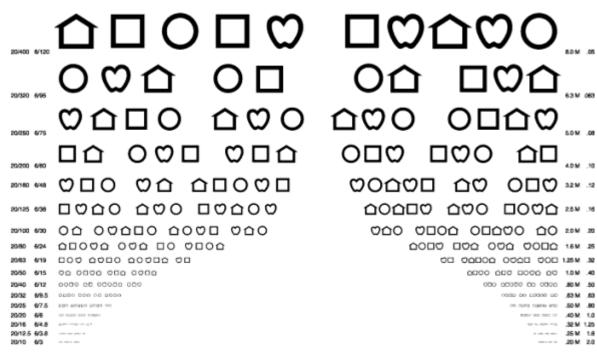
DISTANCE EQUIVALENTS FOOT METER

Developed by Lea Hyvärinen, M.D. FOR TESTING AT 16 INCHES (40 CM)

LETTER SIZE DECIMAL

50% CROWDING

25% CROWDING

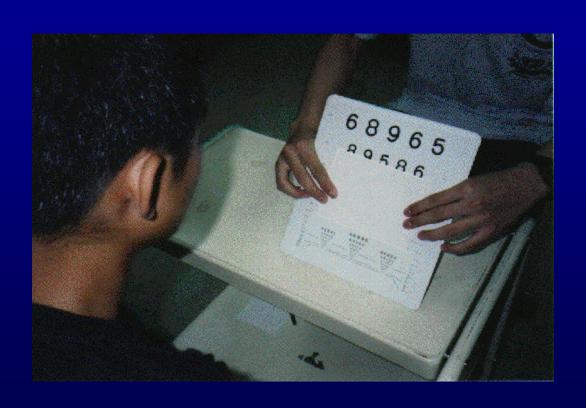




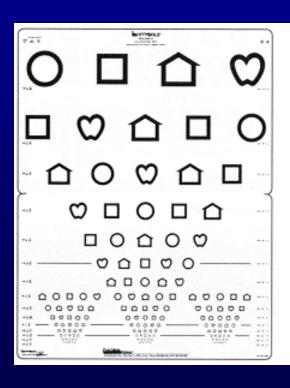
GOOD-LITE® 400-529-5720 Pag 430-529-5250 900-542-3560 Pag 485-542-3576

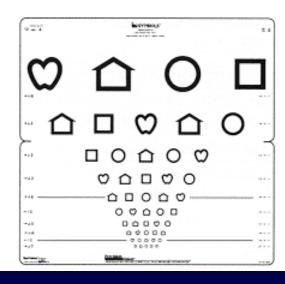
#250800

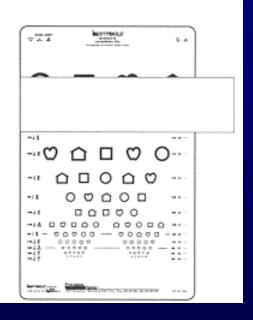
Near vision test with Numbers



Distance VA tests

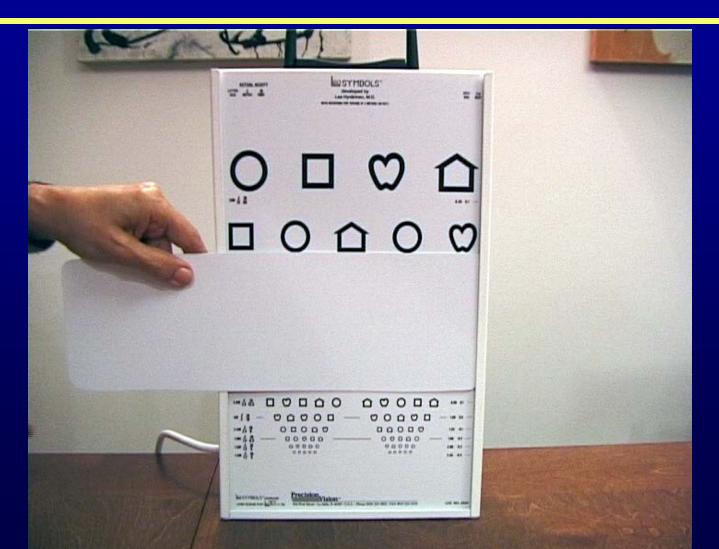




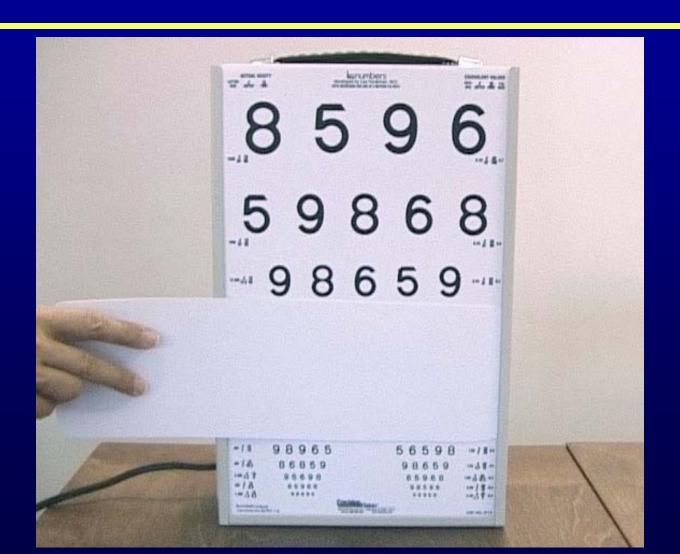


LEA Symbols test in lightbox

standard illumination for VA and CS tests



LEA Numbers test in lightbox



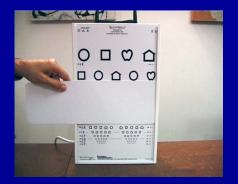
Prevention of Blindness & Deafness

CONSULTATION ON DEVELOPMENT OF STANDARDS FOR CHARACTERIZATION OF VISION LOSS AND VISUAL FUNCTIONING

Geneva, 4-5 September 2003









Vision Screening in Health Care Centres

Lea Hyvärinen, MD, PhD, FAAP
Professor h.c., Rehabilitation Sciences, University of Dortmund
Senior Lecturer, Developmental Neuropsychology, Univ. of Helsinki

www.lea-test.fi