

Vision in Early Intervention

Lea Hyvärinen, MD, PhD, FAAP

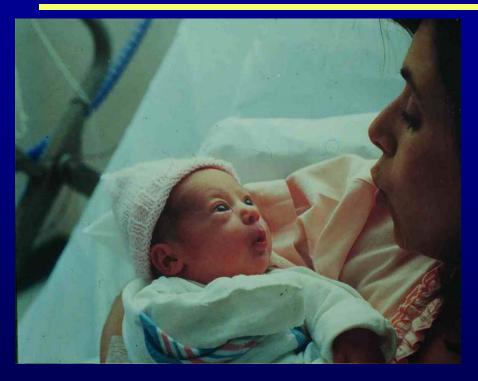
Professor h.c, Rehabilitation Sciences, University of Dortmund, Germany Senior Lecturer, Developmental Neuropsychology, University of Helsinki, Finland **www.lea-test.fi**

L V Prasad Hyderabd in January 28.. 2013

Healthy Infants with visual symptoms only

Eye contact – starting communication on day 1

Eye contact and copying facial expressions



Possible at birth Should be present at 6 weeks of age Latest at 8th weeks of age

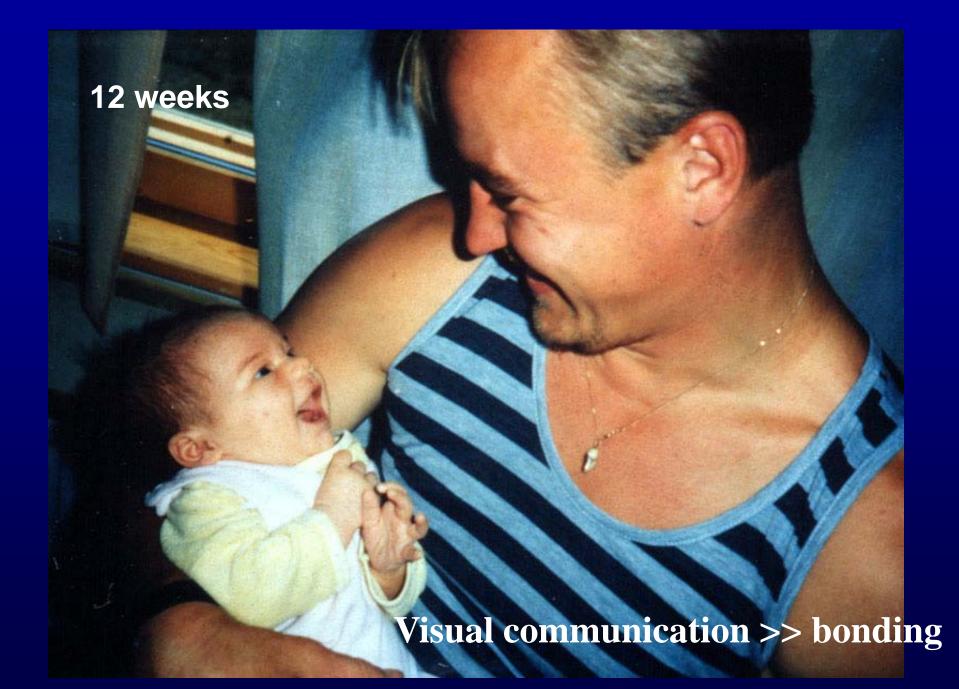


Communication — at 8 weeks is well developed in typicaly developing infants



Communication with both parents Using both vision and vocalizing; taking turns is important already at this age.





Delay in Eye Contact Refractive errors Accommodation problems

Accommodation

can be weak in otherwise normal looking infants

- 4 month old infant
- Dg: Infantile autism?
- "Avoids eye contact"





Support for blurred visual information

Early interaction uses: smell, body contact, voice, Tadoma facial expressions, eye contact.

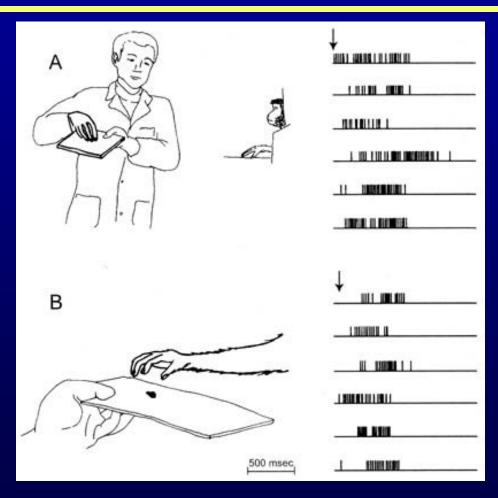
Vision for communication

is central in early interaction. If vision is impaired, it is supported with tactile and auditory information and bodily contact carryng the infant.

Baby Tadoma technique



Mirror neurons



di Pellegrino 1992



In Pori, Finland

Infant artists

Photo: Päivi Setälä



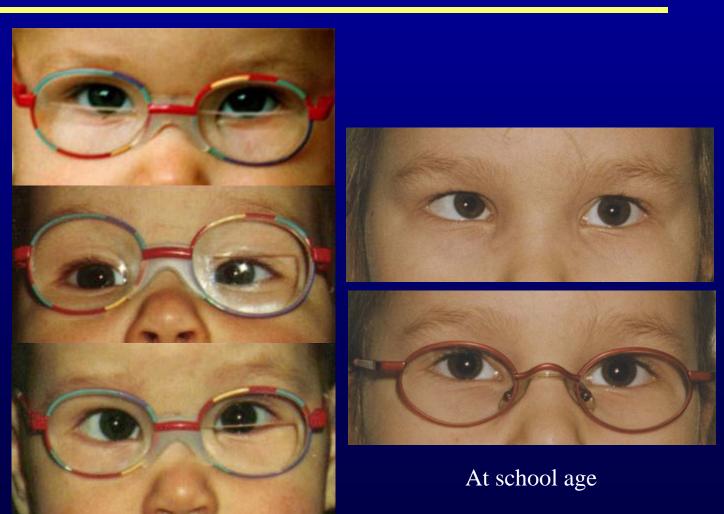
Tactile and auditory confirmation is important! Multimodal learning.

Early Strabismus

Corrective lenses for esotropia; prevention of amblyopia

Optical penalisation = near correction RE blurs the image at distance.

Prevents diplopia, prevents amblyopia



Recognition of family members

• At the age of 6-8 months, latest at the age of 10 months

Recognition of family members

- At the age of 6-8 months, latest at the age of 10 months
- If not; blurred image face blindness

Recognition of family members

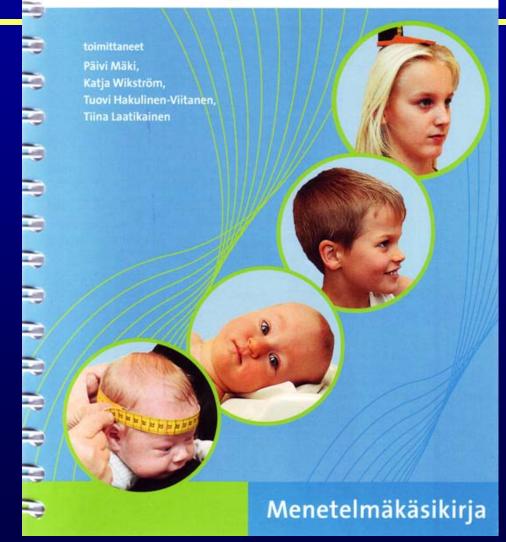
- At the age of 6-8 months, latest at the age of 10 months
- If not; blurred image? Refraction, CS face blindness?
- Information to the family

to persons in early care intervener in groups of infants in early care sometimes dark glasses

Terveystarkastukset lastenneuvolassa & kouluterveydenhuollossa

3

-



Vision during the first year

- Visual communication, 4-6-8 weeks, eye contact
- Visual interaction

Hyperopia + poor accommodation

- No eye contact at 8 weeks
- Poor visual interaction
- No interest in following lip and hand movements
- No recognition of family members "autistic"
- At 3 years of age dg: Asperger syndrome Undercorrected distance correction – no interest in near tasks, strategies of blind infants/children
- School age: diplopia, poor near acuity, hyperopia, very weak accommodation

Vision during the first year

- Visual communication, 4-6-8 weeks, and interaction
- Vision for recognition of facial features and expresions
- Vision for motor development

Vision during the first year 80% of vision impaired children have other disorders

- Infants with high risk of visual problems
 - Infants with severe birth injury
 - Infants with hypotonia due to Down syndrome or hypotonia due to birth injury
 - Infants with infantile spasms
 - Infants with inflammation/infection of brain

These infants are taken care by the hospitals.

Birth trauma, 3rd nerve palsy> ptosis movements of all four limbs were atypical



Exotropia – Miosis lesions in 3rd nerve and Edinger-Westphal nucleus



Ptosis resolved after 2 weeks. Loss of convergence, accommodation and sluggish pupil reactions remained. After strabismus operation the child looked normal but was severely visually impaired.



Symptoms of impaired vision at the age of 8 months

- outward squint operated, poor convergence, alternated;
- the infant brought objects close to the eyes, i.e used **geometric magnification**
- looked at the hair line, not at the eyes , i.e. pushed the central scotoma up,
- explored carefully with hands and mouth.
- Later recognised people at 18 months of age (voice?)
- Later moved freely and seemed to know where he was.

Dg: Spasticity in all four limbs, especially hands, severely impaired vision.

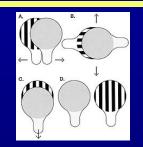
Vision was assessed with Teller Cards only > "Normal".

Clinical examination

gives the foundation for the assessment of visual functioning

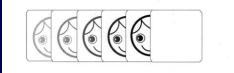


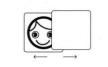
Fixation to penlight, to picture, following, saccades, accommodation, convergence, visual communication, refraction, spectacles Photo: Miguel G. Alvares, MD Brazil





Detection of gratings





Hiding Heidi test

Contrast sensitivity

Hiding Heidi test for measurement of communication distance



If the infant responds with a social smile, he must have seen the picture of smiling face, at low contrast and moving – like the facial expressions on the face.



Figure-in-motion, Pepi-test possible often at the age of 4 months







Can be copied @ www.lea-test.fi

Near correction and head support are important. Facial skin can be hypersensitive.

Constricted visual field



Illuminated ball used by child's own therapist.

Assessment >> Early Intervention



Awareness of hands \implies Fixation



Normal hand
 Spastic hand

Eye contact

when reading lenses gave a clear image on the retina



Reaction during assessment of her brother noises and body language to shows disapproval



The infant was aware of her environment, had opinions on activities and could express her opinions.



Vision in motor training ten weeks later: improved visual and motor functions



Infant's favourite toy was used to entice her to turn on the stomach. RE: Grating responses lagging those in LE > training as a part of physiotherapy: patch on LE, stimulus in the right hand.



Impaired vision affects

development of following areas of functioning:

- communication
- interaction
- motor development
- spatial concepts
- orientation in space
- object permanence
- language

Vision loss affects

development of following areas of functioning:

- communication
- interaction
- motor development
- spatial concepts
- orientation in space
- object permanence
- language, content

Delay in any developmental area needs to be investigated.

Fragile baby



Gentle activation of a baby with hydrocephalus. Notice the joy during the play therapy. Comfortable support of posture on the knees of the play therapist (not in a baby sitter) and with good head support.



Low tonus and poor head control



Strong visual stimulus, the LEA doll and illuminated picture of face activate control of motor functions.

Playmat and resonance board for learning orientation in space and listening skills



Light coloured surfaces rough, dark surfaces smooth> vision and touch coinside.

Plywood board on 2 inch frame functions as a drum and makes the infant aware of his movements. Echos from the washing basin and the waste basket train listening. Orientation in space supported.



"Little room" made of a brown paper box



Vision, touch, echos, and measuring space with his own body. Notice exploration with feet by this typically developing blind boy.



I moved ! I moved again, the same thing happened!



Start stimulation without delay with coordination of vision and movement.

Leo Video

how to create play situations for motor and spatial experiences



















Early vision intervention means supporting

- **Communication:** speech, singing, close distance for visual communication, good contrast on the face = make-up
- Close bodily contact: sling, plenty of "gymnastics"
- Awareness of hands and body: as a part of play
 And structuring the environment: playmat, little room, resonance board
- NOT: black room + penlight or glittering toys

Early Intervention requires

Early detection of the disorder Early treatment of treatable conditions Assessment of Functioning

Early visual intervention should start as soon as a visual impairment is detected as an integral part of examinations and treatment and continue at home as local health care.



Early intervention strategies

Lea Hyvärinen, MD, PhD, FAAP

Slides will be @ www.lea-test.fi

