

# Vision in Early Intervention

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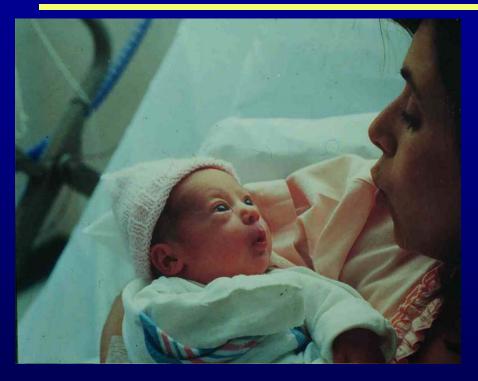
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L V Prasad Hyderabd in January 28.. 2013

Healthy Infants with visual symptoms only

# **Eye contact – starting communication on day 1**

### Eye contact and copying facial expressions



Possible at birth Should be present at 6 weeks of age Latest at 8th weeks of age

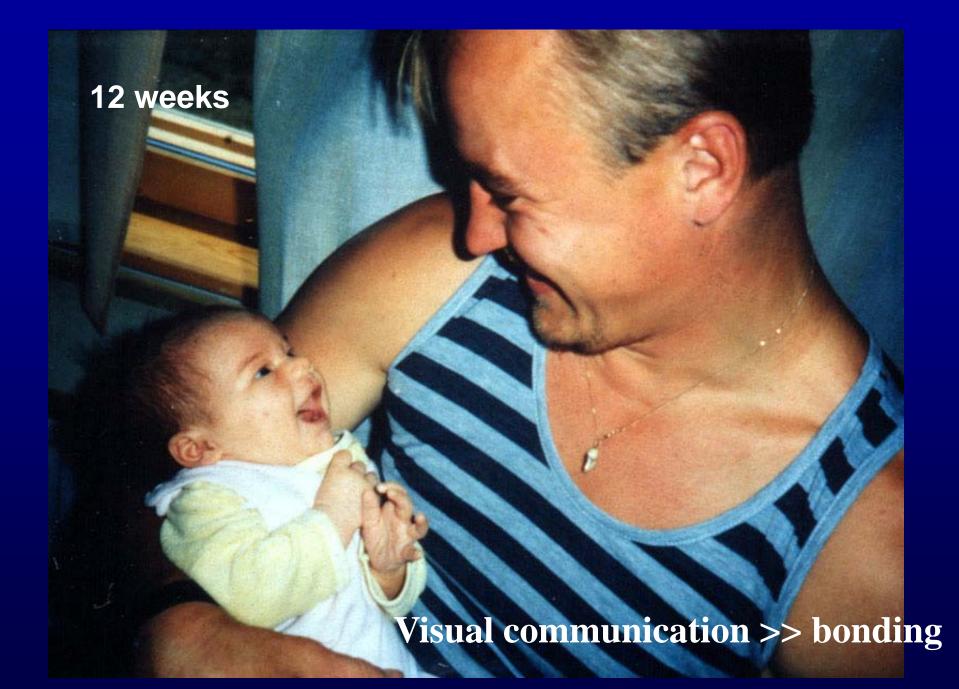


# **Communication** — at 8 weeks is well developed in typicaly developing infants



Communication with both parents Using both vision and vocalizing; taking turns is important already at this age.





Delay in Eye Contact Refractive errors Accommodation problems

# Accommodation

can be weak in otherwise normal looking infants

- 4 month old infant
- Dg: Infantile autism?
- "Avoids eye contact"





# Support for blurred visual information

Early interaction uses: smell, body contact, voice, Tadoma facial expressions, eye contact.

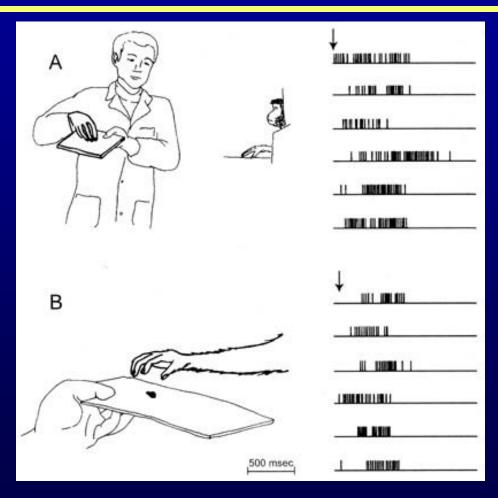
#### Vision for communication

is central in early interaction. If vision is impaired, it is supported with tactile and auditory information and bodily contact carryng the infant.

#### Baby Tadoma technique



# Mirror neurons



di Pellegrino 1992



#### In Pori, Finland

### Infant artists

Photo: Päivi Setälä



Tactile and auditory confirmation is important! Multimodal learning.

# Early Strabismus

### Corrective lenses for esotropia; prevention of amblyopia

Optical penalisation = near correction RE blurs the image at distance.

Prevents diplopia, prevents amblyopia



# Recognition of family members

• At the age of 6-8 months, latest at the age of 10 months

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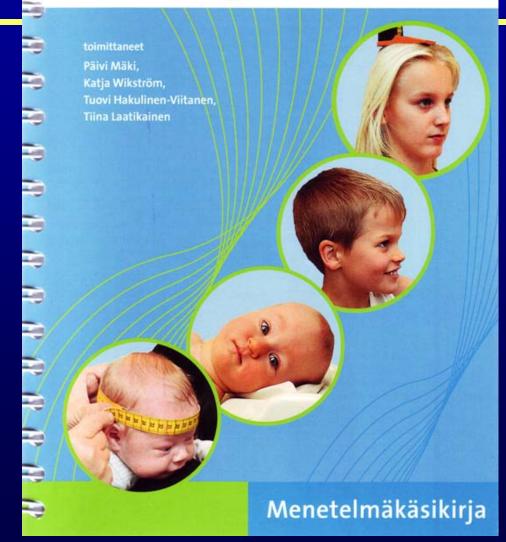
- At the age of 6-8 months, latest at the age of 10 months
- If not; blurred image? Refraction, CS face blindness?
- Information to the family

to persons in early care intervener in groups of infants in early care sometimes dark glasses

### Terveystarkastukset lastenneuvolassa & kouluterveydenhuollossa

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# Vision during the first year

- Visual communication, 4-6-8 weeks, eye contact
- Visual interaction

# Hyperopia + poor accommodation

- No eye contact at 8 weeks
- Poor visual interaction
- No interest in following lip and hand movements
- No recognition of family members "autistic"
- At 3 years of age dg: Asperger syndrome Undercorrected distance correction – no interest in near tasks, strategies of blind infants/children
- School age: diplopia, poor near acuity, hyperopia, very weak accommodation

# Vision during the first year

- Visual communication, 4-6-8 weeks, and interaction
- Vision for recognition of facial features and expresions
- Vision for motor development

### Vision during the first year 80% of vision impaired children have other disorders

- Infants with high risk of visual problems
  - Infants with severe birth injury
  - Infants with hypotonia due to Down syndrome or hypotonia due to birth injury
  - Infants with infantile spasms
  - Infants with inflammation/infection of brain

These infants are taken care by the hospitals.

## Birth trauma, 3<sup>rd</sup> nerve palsy> ptosis movements of all four limbs were atypical



### Exotropia – Miosis lesions in 3rd nerve and Edinger-Westphal nucleus



Ptosis resolved after 2 weeks. Loss of convergence, accommodation and sluggish pupil reactions remained. After strabismus operation the child looked normal but was severely visually impaired.



### Symptoms of impaired vision at the age of 8 months

- outward squint operated, poor convergence, alternated;
- the infant brought objects close to the eyes, i.e used **geometric magnification**
- looked at the hair line, not at the eyes , i.e. pushed the central scotoma up,
- explored carefully with hands and mouth.
- Later recognised people at 18 months of age (voice?)
- Later moved freely and seemed to know where he was.

Dg: Spasticity in all four limbs, especially hands, severely impaired vision.

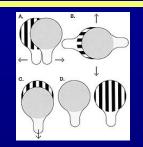
Vision was assessed with Teller Cards only > "Normal".

# Clinical examination

#### gives the foundation for the assessment of visual functioning

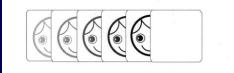


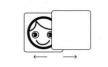
Fixation to penlight, to picture, following, saccades, accommodation, convergence, visual communication, refraction, spectacles Photo: Miguel G. Alvares, MD Brazil





#### Detection of gratings





#### Hiding Heidi test

# Contrast sensitivity

#### Hiding Heidi test for measurement of communication distance



If the infant responds with a social smile, he must have seen the picture of smiling face, at low contrast and moving – like the facial expressions on the face.



# Figure-in-motion, Pepi-test possible often at the age of 4 months







Can be copied @ www.lea-test.fi

Near correction and head support are important. Facial skin can be hypersensitive.

# Constricted visual field



Illuminated ball used by child's own therapist.

# Assessment >> Early Intervention



# Awareness of hands $\implies$ Fixation



Normal hand
 Spastic hand

# Eye contact

#### when reading lenses gave a clear image on the retina



### Reaction during assessment of her brother noises and body language to shows disapproval



The infant was aware of her environment, had opinions on activities and could express her opinions.



### Vision in motor training ten weeks later: improved visual and motor functions



Infant's favourite toy was used to entice her to turn on the stomach. RE: Grating responses lagging those in LE > training as a part of physiotherapy: patch on LE, stimulus in the right hand.



# Impaired vision affects

development of following areas of functioning:

- communication
- interaction
- motor development
- spatial concepts
- orientation in space
- object permanence
- language

# Vision loss affects

development of following areas of functioning:

- communication
- interaction
- motor development
- spatial concepts
- orientation in space
- object permanence
- language, content

Delay in any developmental area needs to be investigated.

# Fragile baby



Gentle activation of a baby with hydrocephalus. Notice the joy during the play therapy. Comfortable support of posture on the knees of the play therapist (not in a baby sitter) and with good head support.



## Low tonus and poor head control



Strong visual stimulus, the LEA doll and illuminated picture of face activate control of motor functions.

### Playmat and resonance board for learning orientation in space and listening skills



Light coloured surfaces rough, dark surfaces smooth> vision and touch coinside.

Plywood board on 2 inch frame functions as a drum and makes the infant aware of his movements. Echos from the washing basin and the waste basket train listening. Orientation in space supported.



### "Little room" made of a brown paper box



Vision, touch, echos, and measuring space with his own body. Notice exploration with feet by this typically developing blind boy.



### I moved ! I moved again, the same thing happened!



Start stimulation without delay with coordination of vision and movement.

# Leo Video

how to create play situations for motor and spatial experiences



















## Early vision intervention means supporting

- **Communication:** speech, singing, close distance for visual communication, good contrast on the face = make-up
- Close bodily contact: sling, plenty of "gymnastics"
- Awareness of hands and body: as a part of play
  And structuring the environment: playmat, little room, resonance board
- NOT: black room + penlight or glittering toys

Early Intervention requires

Early detection of the disorder Early treatment of treatable conditions Assessment of Functioning

Early visual intervention should start as soon as a visual impairment is detected as an integral part of examinations and treatment and continue at home as local health care.



# Early intervention strategies

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#### Slides will be @ www.lea-test.fi

